

NO-DAIRY MENU

How to order: Please place your order using the Wetherspoon app or note your table number and order at the bar. Some of our dishes require specific ordering instructions: please note the comments below each dish and always let a staff member know that you are ordering from the no-dairy menu.



BREAKFAST

Large breakfast 1086 kcal

Two eggs, bacon, two sausages, baked beans, two hash browns, mushroom, tomato, slice of toast.

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy.

Traditional breakfast 865 kcal

Egg, bacon, sausage, baked beans, two hash browns, mushroom, tomato, slice of toast.

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy.

Small breakfast 461 kcal

Egg, bacon, sausage, baked beans, hash brown.

Large vegetarian breakfast 1153 kcal

Two eggs, three Quorn vegan sausages, baked beans, three hash browns, mushroom, tomato, slice of toast.

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy.

Vegetarian breakfast 881 kcal

Two eggs, two Quorn vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast.

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy.

Small vegetarian breakfast 377 kcal

Egg, Quorn vegan sausage, baked beans, hash brown, tomato.

Gluten-free breakfast 439 kcal

Two eggs, bacon, baked beans, mushroom, tomato.

Vegan breakfast 634 kcal

Two Quorn vegan sausages, two hash browns, mushroom, tomato, slice of toast, vegan spread.

Add the following to your breakfast:

Award-winning Stornoway black pudding (157 kcal)

LIGHTER OPTIONS

Smashed avocado English muffin 348 kcal

Smashed avocado and fresh salsa, on an English muffin, rocket.

Fresh fruit bowl 210 kcal. A selection of fresh fruit.

Two slices of toast and *Jaynes* preserve 459 kcal

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy.

SALAD

Quinoa salad 498 kcal

Quinoa, rice, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, avocado, dressing.

Add any of the following:

Roasted vegetables (89 kcal)

Pulled chicken breast (192 kcal)

BURGERS

Served with chips (add 597 kcal)

Classic 6oz beef burger 580 kcal

Vegan burger 480 kcal

Meatless Farm™ plant-based burger.

Add any of the following:

BBQ sauce 83 kcal; Maple-cured bacon 86 kcal

GOURMET BURGER

Served with chips (add 597 kcal)

Gourmet vegan burger 750 kcal

Meatless Farm™ plant-based burger, fresh salsa, avocado, rocket, sourdough bun, onion rings.

SIDES

Onion rings

Side salad 72 kcal

Bowl of chips 955 kcal

BRUNCH

All-day brunch 1240 kcal

Two sausages, bacon, eggs, baked beans, chips.

Vegetarian all-day brunch 1040 kcal

Two Quorn vegan sausages, eggs, baked beans, mushroom, chips.

SMALL PLATES

British chicken wings 1296 kcal

Ten spicy chicken wings, Sriracha hot sauce.

Please order this without blue cheese dip which contains dairy.

Southern-fried chicken strips 617 kcal

Five chicken strips, smoky chipotle mayo.

PUB CLASSICS

Freshly battered fish and chips 1236 kcal (with peas)

Cod fillet, peas or mushy peas.



CURRY

Mangalorean roasted cauliflower & spinach curry 825 kcal

A south Indian tangy creamed coconut sauce, roasted cauliflower, potato, spinach, red peppers – finished with fenugreek leaves, naan bread, basmati pilau rice.